



Diabetes is a major health issue in the South Asian community

Researchers at Emory University are working to prevent type 2 diabetes in the South Asian community. They are conducting a study to test a new health education program for diabetes prevention.

Who can participate:

- South Asians living in the Atlanta area
- Ages 25 years or older
- Have borderline diabetes or pre-diabetes

Participants will receive:

- Study testing at no cost
- Education classes, including information on diet and nutrition at no cost
- Other tools to promote healthy living

To learn more and to see if you are eligible, please contact the SHAPE study team at shape@emory.edu or (404) 727-5403.